UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): September 29, 2010

CHATHAM LODGING TRUST

(Exact name of Registrant as specified in its charter)

Maryland

(State or Other Jurisdiction of Incorporation or Organization) 001-34693

(Commission File Number)

27-1200777 (I.R.S. Employer Identification No.)

50 Cocoanut Row,
Suite 216
Palm Beach, Florida
(Address of principal executive offices)

33480

(Zip Code)

(561) 802-4477

(Registrant's telephone number, including area code)

Not Applicable

(Former name or former address, if changed from last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- o Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- o Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

ITEM 7.01. REGULATION FD DISCLOSURE.

On September 29, 2010, Chatham Lodging Trust (the "Company") issued a press release announcing that its board of trustees had declared a dividend of \$0.175 per common share of beneficial interest for the quarter ending September 30, 2010. A copy of such press release is furnished as Exhibit 99.1 to this report.

ITEM 8.01 OTHER EVENTS.

The Company declared a dividend of \$0.175 per common share of beneficial interest for the quarter ending September 30, 2010. The third quarter dividend will be paid on October 29, 2010 to common shareholders of record on October 15, 2010.

Item 9.01. Financial Statements and Exhibits.

(d) Exhibits.

Exhibit	
Number	Description
99 1	Press release dated Sentember 29, 2010

The information contained in the press release attached as Exhibit 99.1 to this report shall not be deemed "filed" for the purposes of Section 18 of the Securities Exchange Act of 1934 or otherwise subject to the liabilities of that section. Furthermore, the information contained in the press release attached as Exhibit 99.1 to this report shall not be deemed to be incorporated by reference in the filings of the registrant under the Securities Act of 1933.

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

CHATHAM LODGING TRUST

Date: September 29, 2010 By: /s/ Dennis M. Craven

Dennis M. Craven

Executive Vice President and Chief Financial Officer

EXHIBIT INDEX

Exhibit Number 99.1

Description
Press release dated September 29, 2010



For Immediate Release

Contact: Jerry Daly, Carol McCune

Daly Gray Public Relations

(Media)

jerry@dalygray.com (703) 435-6293 Dennis Craven Chief Financial Officer (Company) dcraven@cl-trust.com

<u>dcraven@cl-trust.com</u> (561) 227-1386

Chatham Lodging Announces First Dividend

PALM BEACH, Fla., September 29, 2010—Chatham Lodging Trust (NYSE: CLDT), a hotel real estate investment trust (REIT) focused on upscale extended-stay hotels and premium branded select-service hotels, today announced that its board of trustees has declared a common share dividend of \$0.175 for the 2010 third quarter. Based on the company's \$20 IPO price in April and the closing price of the common shares at the close of business on September 28, the annualized dividend represents a yield of approximately 3.5 percent and 4.0 percent, respectively.

"As expected, our current hotels are producing sustainable cash flow that gives our Board of Trustees the confidence to start paying a dividend five months after our IPO," said Jeffrey H. Fisher, Chatham's chief executive officer. "We are on schedule to close on our \$85 million line of credit and complete our 12th and 13th acquisitions, and our pipeline remains very active as we continue to source attractive opportunities."

The common dividend is payable October 29, 2010, to shareholders of record on October 15, 2010.

About Chatham Lodging Trust

Chatham Lodging Trust is a self-advised real estate investment trust that was organized to invest in upscale extended-stay hotels and premium-branded select-service hotels. The company currently owns 11 hotels with an aggregate of 1,381 rooms/suites in eight states and has two additional hotels under contract to purchase. Additional information about Chatham may be found at www.chathamlodgingtrust.com.

This press release may contain "forward-looking statements" within the meaning of the Private Securities Litigation Reform Act of 1995 about Chatham Lodging Trust, including those statements regarding acquisitions, capital expenditures, future operating results and the timing and composition of revenues, among others, and statements containing words such as "expects," "believes" or "will," which indicate that those statements are forward-looking. Except for historical information, the matters discussed in this press release are forward-looking statements that are subject to certain risks and uncertainties that could cause the actual results or performance to differ materially from those discussed in such statements. Additional risks are discussed in the company's filings with the Securities and Exchange Commission.