FORM 4

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION

gton, D.C. 20549			
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	OMB APPROVAL									
	OMB Number:	3235-0287								
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hours per response:

## Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

# STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* FISHER JEFFREY H				2. Issuer Name <b>and</b> Ticker or Trading Symbol Chatham Lodging Trust [ CLDT ]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
(Last) (First) (Middle) 222 LAKEVIEW AVENUE					3. Date of Earliest Transaction (Month/Day/Year) 03/01/2023							below)	(give title		′ I		
SUITE 2	00																
(Street)				4.	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)				
WEST P. BEACH	ALM F	L	33401											•	Reporting Pers than One Rep		
(City)	(S	tate)	(Zip)	-	Person Person												
		Ta	ble I - Non-De	rivati	ve Se	ecurities	s Ac	quired, [	Disp	osed o	of, or Be	neficiall	y Owned				
Date			ansaction		2A. Deemed Execution Date, if any (Month/Day/Year)		Transaction Disposed Code (Instr.		rities Acquired (A) or ed Of (D) (Instr. 3, 4 ar		Beneficia Owned Fe	s Form ally (D) o following (I) (In	6. Ownership Form: Direct D) or Indirect I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership			
								Code	v	Amount	(A) o (D)	r Price	Reported Transacti (Instr. 3 a	on(s)		(Instr. 4)	
			Table II - Der (e.g					uired, Di , options					Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	Date E (Month/Day/Year) if	Execution Date, if any	4. Transa Code ( 8)		Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amour of Securities Underlying Derivative Securit (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	Ownersh Form: Direct (D or Indire (I) (Instr.	Beneficial Ownership ct (Instr. 4)	
				Code	e V (A) (D		(D)	Date Exercisable		xpiration ate	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)	11(3)		
LTIP Units <sup>(1)</sup>	(1)	03/01/2023		A		86,814		(1)		(1)	Common Shares	86,814	\$0	907,520	D		
LTIP Units <sup>(2)</sup>	(2)	03/01/2023		A		123,960		(2)		(2)	Common Shares	123,960	\$0	1,031,48	0 D		

### **Explanation of Responses:**

1. Represents restricted units of limited partnership interest ("LTIP Units") in Chatham Lodging, L.P. (the "Operating Partnership"), of which the Issuer is the general partner, granted to the reporting person on March 1, 2023. Vested LTIP Units, upon achieving parity with the Operating Partnership units pursuant to the terms of the Operating Partnership's limited partnership agreement, may be exchanged at any time at the election of the holder for Operating Partnership units on a one-for-one basis or, at the Issuer's option, an equivalent amount of cash. One-third of the reporting person's LTIP Units vest on each of the first three anniversaries of the date of grant, subject to the reporting person's continued employment with the Issuer. Prior to vesting, the holder is entitled to receive distributions on the LTIP units. The LTIP Units were issued pursuant to the Issuer's Equity Incentive Plan and have no expiration dates.

2. The Company exceeded the target performance criteria under the March 1, 2020 LTIP Performance Award. This LTIP issuance represents the vesting of the award and represents restricted units of limited partnership interest ("LTIP Units") in Chatham Lodging, L.P. (the "Operating Partnership"), of which the Issuer is the general partner. Vested LTIP Units, upon achieving parity with the Operating Partnership units pursuant to the terms of the Operating Partnership's limited partnership agreement, may be exchanged at any time at the election of the holder for Operating Partnership units on a one-for-one basis or, at the Issuer's option, an equivalent amount of cash.

### Remarks:

by Dennis M. Craven, as 03/02/2023 attorney-in-fact

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.